

## THEN JESUS SAID TO HIS DISCIPLES

*"If anyone wants to **come** with Me, he must **deny** himself, **take up** his cross, and **follow** Me.*

*For whoever wants to save his life will **lose** it, but whoever loses his life because of Me will find it."*

We pray this resource will be a practical beginning point to your **being** His heart, hands and voice.



*\*This booklet is part inspiration, part introspection and part activation. You will be lifted up, brought to your knees and led to action. All the while you'll be able to record your thoughts as you struggle through how God is calling you to respond.*

*Keep it close. Allow it to be your personal journal as you encounter His Spirit leading and directing your steps through this journey.*

LET IT START WITH

F E R V E N T

P A S S I O N A T E

O B E D I E N T

**PRAYER**

*My prayer*

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## Matthew 22:37

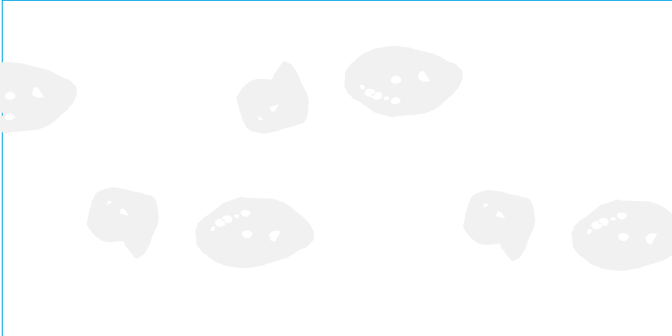
"HE SAID TO HIM, 'LOVE THE LORD YOUR GOD WITH ALL YOUR HEART, WITH ALL YOUR SOUL, AND WITH ALL YOUR MIND'."

# COME

**AFTER JESUS**

*"I'm realizing that I don't have to be superhuman to do God's will, but I do need a heart that trusts Him where He leads me!"*

**Nicole, Sub-Saharan African peoples**



My journey of **taking the Gospel to the ends of the earth** starts with **BEING** a devoted disciple of Jesus. His call to seek, know and truly love Him is paramount ... and costly.

**WHAT WILL IT COST?**

IN WHAT WAY HAS GOD  
**DEMONSTRATED** HIS LOVE FOR ME?



HOW HAVE I **RESPONDED**  
TO THAT LOVE?

WHAT STEPS CAN I TAKE TO  
**SHARE THAT LOVE** WITH OTHERS?



# GALATIANS 5:24

"AND THOSE WHO BELONG TO CHRIST JESUS HAVE CRUCIFIED THE FLESH WITH ITS PASSIONS AND DESIRES."

**DENY**  
**SELF**

*"Putting our selfish desires to death is painful, but it is glorious to live as Christ lives!"*

**Jason, Central Asian peoples**





He has called me to **DENY** myself, meaning I choose to no longer live for me but **solely** for Him.

**WHAT DO I FOCUS ON  
BEFORE GOD?**

GOD IS CALLING ME TO **DENY**  
THESE DESIRES ...



I CAN USE MY **MONEY AND**  
**BELONGINGS** FOR CHRIST BY ...

**MY PLAN IS** \_\_\_\_\_



AM I WILLING TO TRADE IT  
FOR **GOD'S** PLAN?

## LUKE 14:27&33

“WHOEVER DOES NOT BEAR HIS OWN CROSS AND COME AFTER ME CANNOT BE MY DISCIPLE. SO THEREFORE, ANY ONE OF YOU WHO DOES NOT RENOUNCE ALL THAT HE HAS CANNOT BE MY DISCIPLE.”

# TAKE

## UP YOUR CROSS

*“May I have a heart that refuses to give to the Lord a sacrifice that costs me nothing.”*

**Leslie, Central Asian peoples**



Jesus was willing to do whatever was necessary, even **death on a cross**, to provide a way for man to be reconciled to God. He is calling me to do whatever it takes to make this way of salvation **known to all peoples.**

**HOW FAR AM I WILLING TO  
TAKE UP THE CROSS OF JESUS?**

HOW DOES **WORSHIP** PLAY A PART  
IN MY LIFE? HOW SHOULD IT LOOK?



IN WHAT WAY **AM I LOVING OTHERS?**  
HOW COULD I IMPROVE?

HOW AM I **FULFILLING** THE GREAT  
COMMISSION? HOW IS GOD **LEADING**?



**LUKE 9:59,60**

"FOLLOW ME ... GO AND PROCLAIM EVERY-  
WHERE THE KINGDOM OF GOD."

**FOLLOW**  
**JESUS**

*"Sometimes what Jesus asks of us is difficult, but we have to make the decision to either follow Him or deny Him."*

**B., South Asian peoples**





The decision to **follow** Jesus is a daily decision — following Him in living a holy life, glorifying the Father and caring for the outcast and broken.

**YOUR DAILY DECISION WILL  
REQUIRE DAILY QUESTIONS.**

HOW IS GOD CALLING ME TO  
**INCREASE MY PRAYING** FOR  
MISSIONARIES?



HOW IS GOD CALLING ME TO  
**GIVE** TO MISSIONS?

WHERE MIGHT JESUS BE  
**CALLING** ME TO GO?



## GALATIANS 2:20

"I NO LONGER LIVE, BUT CHRIST LIVES IN ME.  
THE LIFE I NOW LIVE IN THE BODY, I LIVE BY  
FAITH IN THE SON OF GOD, WHO LOVED ME  
AND GAVE HIMSELF FOR ME."

# LOSE

## YOUR LIFE

*"Dear pastor, you should only be opening this in the event of my death."*

**Karen Watson, martyred 2004 in Iraq**



I commit to follow Jesus, **to the ends of the earth**, no matter the cost.

**AM I WILLING TO LIVE  
LIKE PAUL?**

WHAT ARE SOME WAYS  
GOD HAS **BLESSED** ME?



WHO ARE PEOPLE I CAN **SHARE** WITH?

HOW CAN I CONTINUE TO **LIVE** WITH  
MY HEART AND MIND ON GOD'S MISSION.





**HOW WILL MY  
FOLLOWING  
JESUS  
IMPACT A LOST  
WORLD?**



He is being revealed to every tongue, tribe and nation.

What is my next step to **BE** His **heart**, **hands** and **voice** across the globe?

To **BE** a part, a sacrificial witness to this glorifying global mission? To **BE** obedient, no matter the cost?

Where in the process do I fit?  
My small group? My church?

# SESSION ONE NOTES

# SESSION ONE NOTES

## SESSION TWO NOTES

## SESSION TWO NOTES

# NOW **WHAT?**

## 1 **BE** IN PRAYER

A great next step, if you have heard the call of Jesus to “**BE**” His disciple and follow Him in reaching the broken, hurting and lost world, is to **continue the dialogue with God.**

Ask God to lead you and your church to a specific people group to pray for intentionally. Then ask how He wants you to pray for them. And what more He wants you to do.

2

## BE AVAILABLE

As you begin to pray specifically, asking God for next steps, He will likely call you to be personally involved.

**You can help. You have a role.**



WEEK  
MONTH

**GIVE**

SO OTHERS  
CAN GO

God is equipping individuals and churches to go to places and people groups who have yet to hear.



[imbstudents.org](http://imbstudents.org)

## 3 BE IN CONTACT

As you explore your next steps, remember IMB has a **team** who can answer your questions.



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